

# Herbs Cultivation & Medicinal Uses (2nd Edition)

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India is one of the leading Herbs producer and exporter in the world. Several meticulous researches were conducted and experimented with herbs. They arrived at more precise conclusions about the usefulness of diverse plants and herbs that are utilized in different fields like medicine. Ayurveda is the time honoured therapeutic form, prevailing in India since 2000 B.C. The Ayurveda healing is completely based on herbs, which have definite medicinal importance or significance. In the primeval times, the Indian sagacious held the view that Ayurveda herbs are the only resolution to treat numeral health related problems and diseases. Several meticulous researches were conducted and experimented with herbs to arrive at more precise conclusions about the usefulness of diverse plants and herbs that have medicinal value. Herbal products are replacing the synthetics products because of its harsh nature. Herbal products are in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. Growing herbs is easy to do, and people continue to turn their love for gardening into successful businesses growing and selling fresh cut herbs, herb plants, and other herb related products. Understanding the worth and heritage of excellence of Ayurveda in India the book makes an attempt to provide information on cultivation and medicinal use of herbs.

The book contains the Cultivation of different herbs with photograph of a variety of herbal plants. The book also includes the habitat constituents, action and use in Ayurveda, sidda and Unani medicines. The book contains information on more than 100 herbs. The book contains chapters on cultivation of some of the very important herbs like: Pyrethrum Cultivation, Periwinkle Cultivation and Belladonna Cultivation and many more. The book also has the abbreviations for languages section at the end.

There are many who have a genuine interest in understanding the medicinal benefits of herb. The book also has a section on some common home remedied that could be tried at home for quick relief of certain problems. The book can also be a good option for those looking for a guide to understand basics for starting cultivation of different herbs and taking it as a business opportunity. It is a ready manual and information database for traders, new entrepreneurs, manufacturers, project consultant and libraries etc.

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ABBREVIATIONS FOR LANGUAGES ETC.

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