

Handbook on Unani Medicines with Formulae, Processes, Uses and Analysis

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As an alternative form of medicine, Unani has found favour in India. These Unani practitioners can practice as qualified doctors in India, as the government approve their practice. Unani medicine is very close to Ayurveda. Both are based on theory of the presence of the elements (in Unani, they are considered to be fire, water, earth and air) in the human body. According to followers of Unani medicine, these elements are present in different fluids and their balance leads to health and their imbalance leads to illness. Government have exclusive department of Indian system of medicine inclusive of Unani under Health ministry and several states have department and institutions to ensure the proper regulation and development of Unani medicine in India. Herb gardens, nursery of medicinal plants, experimental and field scale cultivation are the major initiatives taken for the improvement of medicine. Skin disease, liver disorder, sexual disturbances, pulmonary, sinus and communicable diseases are the major effective treatment achieved areas for Unani. Tremendous progress has been registered in the development of modern medicine. Yet, medicinal plants continue to be an important source of drugs throughout the world. Unani medicine is one of them, plant as a source of drugs of much more important for the developing countries.

This book majorly deals with the, habitat, description, procedure and time of collection, chemical constituents, method of processing, therapeutic uses of medicinal plants. This book also constitutes the list of institutes of Unani medicines, list of college of Unani medicines in India, world importers of natural medicine.

This publication is one of its kinds which clearly indicate the usefulness of Unani medicine, shows how the plant secrets, preserve the natural secrets/ hormones/ juices which ultimately uses in Unani system of medicine. This book is most informative and useful for students, Research scholars and scientist. We hope this book will achieve the long standing demand of herbal chemists.

Contents

PART - I

PLANT KINGDOM

1. Aatrilal (Ammi majus)
2. Anjir (Ficus carica)
3. Atis (Aconitum heterophyllum)
4. Azaraq (Strychnos nux-vomica)
5. Badam shireen (Prunus amygdalus)
6. Baqla (Vicia faba)
7. Bazrulbanj (Hyoscyamus)

8. Chashmizaj (*Cassia absus*)
9. Chobchini (*Smilax china*)
10. Dudhi
11. Dudhi khurd (*Euphorbia thymifolia*)
12. Fofil Siyah (*Piper nigrum*)
13. Gaozaban (*Borago officinalis*)
14. Gulnar Farsi (*Punica granatum*)
15. Habbun Neel (*Ipomoea nil*)
16. Halela Siyah (*Terminalia chebula*)
17. Heel Kalan (*Amomum subulatum*)
18. Heel Khurd (*Elettaria cardamomum*)
19. Heeng (*Ferula foetida*)
20. Hina (*Lawsonia inermis*)
21. Inderjao Shireen (*Wrightia tinctoria*)
22. Inderjeo Talkh (*Holarrhena antidysenterica*)
23. Ispand (*Peganum harmala*)
24. Kaiphal (*Myrica esculenta*)
25. Karanj (*Pongamia pinnata*)
26. Karanjwa (*Caesalpinia crista*)
27. Karnab (*Brassica oleracea*)
28. Kasni (*Cichorium intybus*)
29. Khar-e-Khasak (*Tribulus terrestris*)
30. Khatmi (*Althaea Officinalis*)
31. Khella (*Ammi visnaga*)
32. Khulanjan (*Alpinia galanga*)
33. Khurfa (*Portulaca oleracea*)
34. Khurfa Khurd (*Portulaca quadrifida*)
35. Kishneez Khushk (*Coriandrum sativum*)
36. Konch (*Mucuna cochinchinensis*)
37. Kulthi (*Dolichos biflorus*)
38. Madar (*Solanum nigrum*)
39. Mako (*Solanum nigrum*)
40. Mawiz (*Vitis vinifera*)
41. Methi (*Trigonella foenum-graecum*)
42. Mundi (*Sphaeranthus indicus*)
43. Nakhud (*Cicer arietinum*)
44. Narjeel Daryae (*Lodoicea maldivica*)
45. Nilofar (*Nymphaea alba*)
46. Panwad (*Cassia tora*)
47. Palas (*Butea monosperma*)
48. Sambhalu (*Vitex negundo*)
49. Saranjan (*Colchicum luteum*)
50. Turbud (*Operculina turpethum*)

PART - II

MINERAL KINGDOM

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3. Kaolinum
4. Ammonicum chloride
5. Antimony sulphide
6. Argentum

7. Arsenum
8. Arsenic disulphidum
9. Arsenic trisulphidum
10. Asphaitum
11. Aurum
12. Makaradhwaja
13. Calcium
14. Calcil carbonas
15. Caicii hydras
16. Calcii oxidum
17. Calcii sulphas
18. Carbo ligni
19. Cuprum
20. Cupri sulphas
21. Ferrum
22. Ferroso-ferric oxide
23. Ferri sulphas
24. Ferri sulphuratum
25. Hydrargyrum
26. Plumbum
27. Plumbi carbonas
28. Plumbi oxidum
29. Plumbi oxidum rubrum
30. Plumbi sulphuratum
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32. Potassii nitras
33. Silicum
34. Silicate of Alumina
35. Silicate of Alumina & Oxide of iron
36. Silicate of lime
37. Silicate of magnesia
38. Silicate of magnesia and iron
39. Saline substances
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PART - III
ANIMAL KINGDOM

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8. Cera
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13. Coccus cacti
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19. Lactus
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29. Snake venom
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PART - V

LIST OF INSTITUTES OF UNANI MEDICINES

PART - IV

LIST OF COLLEGE OF UNANI MEDICINES IN INDIA

PART - VI

WORLD IMPORTERS OF NATURAL MEDICINE

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