

# Compendium of Herbal Plants

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## About the Book

India is one of the leading Herbs producer and exporter in the world. Several meticulous researches were conducted and experimented with herbs. They arrived at more precise conclusions about the usefulness of diverse plants and herbs that are utilized in different fields like medicine, cosmetics, perfumes and so on. Herbal plants have been used for medicinal applications from earliest time, when man began caring for his body and health. The Ayurveda healing is completely based on herbs, which have definite medicinal importance or significance. In the primeval times, the Indian sagacious held the view that ayurveda herbs are the only resolution to treat numeral health related problems and diseases. Herbal products are replacing the synthetics products because of its harsh nature. Producing herbs for the medicinal market has received a lot of interest from potential commercial growers, but it is still a new and uncertain market. Herbal products are in huge demand in the developed world for health care for the reason that they are efficient, safe and have lesser side effects. The emphasis of development of new biologically active molecule has been gradually replaced by use of total herbs as medicine and food supplements. There are numerous types of herbal plants; some of them are paeonia officinalis, panicum pilosum, papaver bracteatum, papaver rhoeas, papaver somniferum, petasites hybridus, petroselinum crispum, peucedanum ostruthium, phaseolus trilobus, phaseolus vulgaris etc. Growing herbs is easy to do, and people continue to turn their love for gardening into successful businesses growing and selling fresh cut herbs, herb plants, and other herb related products.

The major contents of the book are pulmonaria officinalis, punica granatum, pyrus sinensis, quercus petraea, quercus robur, ranunculus ficaria, raphanus sativus, rhamnus catharticus, rhamnus frangula, rheum palmatum, rhododendron arboreum, sm., rhus toxicodendron, ricinus communis, ribes nigrum, robinia pseudoacacia, rosmarinus officinalis, rosa centifolia, rubia tinctorum, rubus fruticosus etc.

Ayurved, Siddha, Unani and Homoeopathy are largely based on the plants. Now herbal based products have very good present and future prospects in International market. The present book enlightens hundreds of herbal plants with their photographs, which has good medicinal values. This is very useful book for agriculture universities, researchers, cultivators, ayurvedic pharmacies etc.

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