

Handbook on Ayurvedic Medicines with Formulae, Processes & Their Uses (2nd Revised Edition)

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Ayurvedic medicine (also called Ayurveda) is one of the world's oldest medical systems. It originated in India and has evolved there over thousands of years. It is a holistic healing science. Ayurvedic practice involves the use of medications that typically contain herbs, metals, minerals, or other materials. Now-a-days people are attracted more towards Ayurvedic medicines as the allopathic medicines are costlier and have side effects. There is more and more scientific research being conducted in our country for treatment of various diseases by Ayurvedic and herbal therapy. Research on medicinal and cosmetic uses of herbs is contributing to the growth of herbal industry. A large number of ailments have Ayurvedic treatment much superior to the other system of medicines and this has been recognized world over.

Medicine has become an increasingly accepted alternative medical treatment in America during the last two decades. Up to 80% of people in India use either Ayurveda or other traditional medicines. It is believed that building a healthy metabolic system, attaining good digestion and proper excretion leads to vitality. India is said to have advantage of well recorded and well practiced knowledge of traditional herbal medicines. Herbal products are in huge demand in the developed world for health care, for the reason that they are efficient, safe and have lesser side effects.

Efforts have been made on this book to enable readers to explore details regarding medicinal plants and their processing, learn about the unique composition of Rooh Afza, a clinical study of Chyavanaprash produced by Ayurveda rasashala, a clinical assessment of effect of triphala inlipoma, formulae and processes of different types of Ayurvedic Medicines like churan, capsules, syrup, sharbat, pastes etc that are used in various ailments. It also highlights preparation and uses of every product accompanied with their formulations which offers relief from a variety of conditions, such as cold and flu symptoms, headaches, toothaches, sore throats, high cholesterol, vision problems, anxiety, depression etc. Special content on machinery equipment photographs along with supplier details has also been included.

We hope that this book will meet every individual need who has thrust to explore and enter into the field of medicinal herbs processing.

Medicinal Plants

Introduction

Science and Technology

Tie-up Programme

Market Potential

The unique composition of Rooh Afza

CHAPTER-2

The Properties of Rooh Afza's Ingredients

Invert Sugar

Coriandrum Sativum (Coriander/Dhania)

Citrullus Vulgaris (Water-melon/Tarbooz)

Santalum Album (White Sandal Wood Sandal Safed)

Nymphaea Alba (White Waterlily/Gul Nilofar)

Protulaca Oleracea (Garden Purslane/Khurfa)

Protulaca Oleracea (Garden Purslane/Khurfa)

Daucus Carota (Carrot/Gajar)

Parmelia Perlata (Stone Flower/Chharrhila)

Spinacia Oleracea (Spinach/Palak)

Mentha Arvensis (Mint/Pudina)

Luffa Cylindrica (Smooth Luffa/Hara Ghia)

Cichorium Intybus (Endiver/Kasni)

Vitis Vinifera (Dried Grapes/Munnaqqq)

Vetiveria Zizanioides (Khus Khus Grass/Khas Hindi)

Onosma Bracteatum (Burge Gaozaban)

Rooh Afza in a nutshell

Rooh Afza as nutrient

Rooh Afza for essential electrolytes

Rooh Afza for retention of body water

Rooh Afza's medicinal properties

Rooh Afza's soothing and refreshing properties

When to use Rooh Afza

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A Clinical Study of Chyavanaprash produced by

Ayurveda Rasashala

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Materials and Methods

Materials used

Method

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A Clinical assessment of effect of

Sookshma Triphala in Lipoma

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About Sookshma Triphala:

Action of Triphala:

Methodology:

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A clinical study of Ayurvedeeya rasayana Formula viz,

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About formula of Rasanik-T:

Methodology:

Methodology:

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Itrifal Aftimun
Itrifal-I-Deedan
Itrifal-I-Zamani
Itrifal Sanai
Itrifal Shahtra
Itrifal Saghir
Itrifal Ghudaddi
Itrifal Fauladi
Itrifal Kabir
Itrifal Kishmishi
Itrifal Kishneezi
Itrifal Mundi
Al-Ahmar
Anqaruya-i-Kabir
Baslivun Kabir
Bakhor Dama
Barsesha
Barud-I-Kafuri
Banadiq-Al-Bazur
Tiryaq-I-Samania
Tiryaq-I-Faruq
Tiryaq-I-Masana
Tiryaq-I-Nazla
Tutiya-I-Kabir
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Jawarish Amla Sada
Jawarish Amla Ambari Ba Nuskha Kalan
Jawarish Amlalului Masih-UI-Mulk Wali
Jawarish Anarain
Jawarish Basbasa
Jawarish-E-Tamr Hindi
Jawarish Jalinus
Jawarish Zarishk
Jawarish Zarâ€™™uni Sada
Jawarish Zarâ€™™uni Ambari Ba Nuskha Kalan
Jawarish Zanjibil
Jawarish Safar-Jali Qabiz
Jawarish Safar Jali Mushil
Jawarish Shahi
Jawarish Shahinshahi Ambaren
Jawarish Shehr Yaran
Jawarish Tabashir
Jawarish Ood Tursh
Jawarish Ood Shirin
Jawarish Ood Mulayyin
Jawarish Fila-Fali
Jawarish Pawakih
Jawarish Qurtum
Jawarish Kamuni
Jawarish Kamuni Akbar
Jawarish Kamuni Kabir

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Hab Papeeta
Hab Pachlauna
Hab Paichish
Hab Tap Balghami
Hab Tursh Mushtahi
Hab Jalinus
Hab Jadwar
Hab Jund
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Hab Fauladi
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Hab Katha
Hab Gul Akh
Hab Gul Pista
Hab Lub-ul-Khashkhash
Hab-e-Limun
Hab Mudir
Hab Marwaridi
Hab Miskeen Nawaz
Hab Mussafi Khun
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Hab Mumsik Tilai
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Roghan Turb
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Arq Podina
Arq Peppermint Vilayati
Arq Chiraita
Arq Dasmol

Arq Zira
Arq Shahtara
Arq Shir Murakkab
Arq Ushba
Arq Ambar
Arq Fawakeh
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Arq Kafur
Arq Kasni
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Kushta Tutia
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Kushta Hajr-UI-Yahud
Kushta Khubs-UI-Hadid
Kushta Khar Mohra
Kushta Ras Kapur
Kushta Zamarrud
Kushta Zehar Mohra
Kushta Surb
Kushta Sam-UI-Far (Sankhia)
Kushta Sankh
Kushta Sang Jarahat
Kushta Sang Sarmahi
Kushta Shangraf
Kushta Sadaf
Kushta Tila Kalan
Kushta Tila Marwaridi

Kushta Aqiq
Kushta Faulad
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Kushta Qarnul-Eil
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Kushton kay qurs (Kushta Tablets)
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Kushta Abrak Kalan
Kushta Busd
Kushta Baiza Murgh
Kushta Para
Kushta Tamysar
Kushta Tamba Safaid
Kushta Jast
Kushta Hajr-UI-Yahud
Kushta Khubs-UI-Hadid
Kushta Zehar Mohra
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Gandhak Sayyal

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Lubub-Al-Asrar

Lubub Barid

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Laoq Ab Naishakar Wala

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Laoq Bihdana

Laoq Hab-UI-Sanobar

Laoq Rabavi

Laoq Sapistan

Laoq Sapistan Khiyar Shambari

Laoq Zeequn-Nafs

Laoq Katan

Laoq Maseehi

Laoq M²Tadil

Laoq Nazli

Maltibasant

Ma'h-UI-Zahhab

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Murabba-I-Belgiri

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Murraba-I-Nashpati

Murakkabi

Marwarid Sayyal

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Marham Jadwar

Marham Kharish Jadid

Marham Dakhliyun

Marham Rai

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Marham Zardi-i-Baiza-i-Murgh

Marham Quba

Marham Kafur

Marham Mazu

Marham Nasur

Mussafi-i-Rehem

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Ma'jun Arad Khurma

Ma'jun Izaraqi

Ma'jun Ispand Soakhtani

Ma'jun Anjir

Ma'jun Brahmi

Ma'jun Bussud

Ma'jun Baladur

Ma'jun Bawasir

Ma'jun Behmanain

Ma'jun Pumba Dana

Ma'jun Piyaz

Ma'jun Talkh

Ma'jun Sa'lab

Ma'jun Jalinoos Lului

Ma'jun Juzam

Ma'jun Jiryani Khas

Ma'jun Jalali

Ma'jun Jograj Gugul

Ma'jun Chob Chini

Ma'jun Chob Gazwali

Ma'jun Hajr-ul-Yahud

Ma'jun Hamal Ambari Alvi Khani

Ma'jun Khubs-ul-Hadid

Ma'jun Khadar

Ma'jun Dabeedul-Ward

Ma'jun Rah-ul-Mominin

Ma'jun Raig Mahi

Ma'jun Zabib

Ma'jun Zanjibil

Ma'jun Supari Pak

Ma'jun Sana

Ma'jun Sangdana Murgh

Ma'jun Sang-E-Sar-I-Mahi

Ma'jun Suranjan

Ma'jun Sohag Sonth

Ma'jun Seer Alvi Khan

Ma'jun Shir Bargadh Wali

Ma'jun Samagh

Ma'jun Sandal

Ma'jun Ushba

Ma'jun Aqrab

Ma'jun Filasfa

Ma'jun Finjinosh

Ma'jun Fotinji

Ma'jun Qurtum

Ma'jun Kalan

Ma'jun Kalkalanj
Ma'jun Kundur
Ma'jun Masik-ul-boul
Ma'jun Mobahee Antaki
Ma'jun Murraweh-ul-Arwah
Ma'jun Mughalliz
Ma'jun Mughalliz Jawahar Wali
Ma'jun Muqil
Ma'jun Muqawwi Wa Mumsik
Ma'jun Mundi
Ma'jun Mochras
Ma'jun Musli Pak
Ma'jun Momiai
Ma'jun Muhazzil
Ma'jun Nankhwah
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Ma'jun Najah
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Ma'jun Nishara-i-Aj Wali
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Namak Bawasir
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Naushdaroo
Naushdaroo-i-Sada
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Preparation of sawdust
Roasting
Preparation of the watery extract (tarwiq)
Calcination (ihraq) :
Preparation of dana
Preparation of rice water (dhanab karna) :
Washing :
Purification :
Preparation of qiwan :
Qiwam generally employs the following recipe :
Gil-hikmat :

Processing :

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Techniques, Standardizations, and Preservation of Medicines

Triphala Infusion

Lagenaria Siceraria Juice

Liquid Meat Extract

Ma-ul-Jaban (Yogurt)

Namakiyat (Salts)

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Pastes

Arrowroot Paste

Starch or Amylum Paste

Gelatin Paste

Acacia Arabica Gum Paste

Cochlospermum Religiosum Gum Paste

Wheat Flour Paste

CHAPTER-10

Characteristics and Properties of Some Ingredients

Prunus amygdalus or almond oil :

Olive oil

Crocus Sativus

Cumin

Volatile Oils : 2.5-4.5%

Sago

Scammonia

Honey

Aqua Pandanus Odoratissimus

Aqua Rosa Damascena

Ambergris

Tin

Pearls

Musk

Pistacia Lentiscus gum

Ammonium Chloride

Gold Foil

Silver Foil

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Appendix I Preservation of Medicines

Preservation of Medicaments

Itriphals

Khamiras

Sufufs

Sharbats

Araqiyat (aquas)

Pills and tablets

Ma'juns

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Research of Medicinal Plants

Natural Products from *Ruellia tuberosa* L.

Experimental

Fraction 'A'

Fraction 'B'

Chemical Constituents of *Phyllanthus niruri* Linn.

Experimental Procedure

Isolation :

Compound-A

Alkaline hydrolysis of compound-A

Compound-B

Isolation of compounds C and D

Compound-C

Compound-D

Chemical investigation of *Symplocos racemosa* Roxb

Chemical Investigation of *Clerodendron fragrans*

Experimental

Results and Discussion

Activity of *Diospyros montana*

Bark Extract on Ehrlich Ascites carcinoma in Mice

Experiment

Results and Discussion

Chemical Constituents of *Dillenia indica*

Linn, and *Vitex negundo* Linn.

Experimental

Crystalline Components of the

Roots of *Phyllanthus reticulatus*.

Experimental

Results and Discussion

Aurantiamide Acetate from

Artocarpus integrefolia Linn.

Chemical Examination of Essential Oil of

Coleus aromaticus Benth

Chemical Examination of Essential Oil

from the leaves of *Tagetes-erecta* Linn.

A New Neoflavonoid from *Dalbergia volubilis*

Occurrence of D7-Sterols in *Celosia cristata* Linn.

Terpenoids & Related Compounds : "â€"

3b-Hydroxyfriedelan-7-one, a

New Triterpene from *Pergularia extensa* N.E. Br.

A new isoflavone from *Ochna squarrosa* (Linn).

A novel quinone from *Dalbergia sissoides* Grah.

Experimental

A New Triterpene Acid from *Heynea trijuga* Roxb.

A new Saponin, from the Roots of

Streblus asper (Lour)

Chemical Investigation of *Wrightia mollissima*

Chemical Constituents of *Eucalyptus Citriodora* Roots

Alkaloids from *Doronicum Pardalianches* Linn.

Occurrence of Two Rare Amides in

Medicago Polymorpha

A New Flavanone Glycoside from the

Roots of *Alstomia scholaris* R.Br.

Isolation of Trimethoxyflavanone from the

Bark of *Macaranga peltata* Muell

Synthesis & Hypotensive Activity of Diaboline

Biological activity

Experimental Procedure

Wieland-Gumlich aldehyde (2)

Aprenylated anthraquinone and
a flavone from the seeds of *Cassia marginata*
Furocoumarins from *Angelica glauca* Edgw
Glycolone : A New 2-Quinolone
Alkaloid from *Glycosmis pentaphylla* (Retz) DC
A short and efficient synthesis of ethyl
(E,E)-7,12-dioxo-octadeca-8,10-dienoate
(ostopanic acid ethyl ester)
Isolation & Identification of a
New Derivative of Allophanic
Acid from the Seed Coat of
Butea monosperma (Lam.) Kuntze
Pyroglutamylglutamineâ€”
A new diuretic principal from
Dolichos biflorous seeds
Experimental
A New Sorboside from *Ichnocarpus frutescens*
Dalspinosin 7-O-b-D-Glucopyranoside, a
New Isoflavone Glycoside from the
Roots of *Dalbergia spinosa* Roxb.
Uncinatone, a Diterpene Hydroquinone from
Clerodendron fragrans & *C. siphonenthus*

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Machinery & Equipments

About NIIR

NIIR PROJECT CONSULTANCY SERVICES (NPCS) is a reliable name in the industrial world for offering integrated technical consultancy services. NPCS is manned by engineers, planners, specialists, financial experts, economic analysts and design specialists with extensive experience in the related industries.

Our various services are: Detailed Project Report, Business Plan for Manufacturing Plant, Start-up Ideas, Business Ideas for Entrepreneurs, Start up Business Opportunities, entrepreneurship projects, Successful Business Plan, Industry Trends, Market Research, Manufacturing Process, Machinery, Raw Materials, project report, Cost and Revenue, Pre-feasibility study for Profitable Manufacturing Business, Project Identification, Project Feasibility and Market Study, Identification of Profitable Industrial Project Opportunities, Business Opportunities, Investment Opportunities for Most Profitable Business in India, Manufacturing Business Ideas, Preparation of Project Profile, Pre-Investment and Pre-Feasibility Study, Market Research Study, Preparation of Techno-Economic Feasibility Report, Identification and Section of Plant, Process, Equipment, General Guidance, Startup Help, Technical and Commercial Counseling for setting up new industrial project and Most Profitable Small Scale Business.

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